



The Society of St. Vincent de Paul
of Contra Costa County

RotaCare Bay Area, Inc.

Member of the National Council
of St. Vincent de Paul Societies

**Activity Report to Los Medanos Community Health District on
services provided by RotaCare Pittsburg Free Medical Clinic at
St. Vincent de Paul for Workplan 7/1/12-9/30/12**

(Submitted by Barb Hunt 11/28/12)

Overview:

In February 2011, St. Vincent de Paul began to offer free healthcare services to the uninsured and low-income population of East Contra Costa County, via a free medical clinic, "RotaCare Pittsburg Free Medical Clinic at St. Vincent de Paul".

In 2011, LMCHD awarded St. Vincent de Paul \$20,000 to support the Free Medical Clinic, (\$15,000 organization award and \$5,000 Board Discretionary award), and in July 2012, LMCHD increased the annual support to \$50,000 for 2012-2013.

The services offered at the RotaCare Free Medical Clinic at St. Vincent de Paul compliment other programs offered from St. Vincent de Paul's Family Resource Center in Pittsburg, all aimed to provide direct support to the poor. In addition to the Free Clinic, St. Vincent de Paul's programs include: Free Dining Room, Free Emergency Food Pantry, Free Clothing/Furniture, Daytime Homeless Shelter, and Workforce Development for the employment and training of parolees and formerly addicted/homeless.

The goals of the free medical clinic, RotaCare Pittsburg Free Medical Clinic at St. Vincent de Paul, align closely with LMCHD's goals including:

- Goal 1: Improve availability of and access to direct health services with a focus on reducing health disparities
- Goal 2: Support preventative health effort that promote the health and well-being of District residents
- Goal 3: Engage in population-specific effort to address the needs of underserved District residents impacted by health disparities

St. Vincent de Paul's program has:

- Directly improved availability and access to health services and is reducing health disparities for low income and underserved District residents by providing health services to over 1118 patients, who have received 1554 patient visits, (since opening in February 2011). 52% of patients reside in Pittsburg/Bay Point, and 82% reside in Pittsburg/Bay Point and Antioch, (Goal 1). Since 7/1/12-11/14/12, 196 patients have been served, receiving 334 visits, (1.38 visits per patient).

- Referred District Residents, when appropriate, to true "medical homes", including 116 referrals to La Clinica, 18 referrals to "Basic Health Care", 17 referrals to Medi-Cal, (Goal 1 and Goal 2).
- Referred District Residents, when appropriate to free Surgical/Specialty care, including 29 referrals to "Operation Access" a non-profit partner of St. Vincent de Paul's that provides free surgeries to uninsured patients, (Goal 1).
- Supports preventative health by providing one-on-one health education and wellness curriculum to over 447 low-income and underserved District residents.
- Forty percent of patients present with "chronic" conditions such as Diabetes, Hypertension and Asthma/Allergies, (Goal 2).
- Diabetes Classes, (English and Bi-lingual, in collaboration with Sutter Delta); Formal classes will be offered for the first time beginning in January 2013, free-of-charge to our patients. Bi-lingual classes will be offered at St. Vincent de Paul's RotaCare Free Medical Clinic, (in the Free Dining Room), starting on 1/9/13. English-language classes will be offered to our Free Clinic patients at Sutter Delta facilities. Instruction will be offered on how to avoid complications and better control Diabetes symptoms, (Goal 2).
- Provide Nutritional Education via "Cooking Matters" classes in English/Spanish. A 6-week Spanish-speaking class was delivered July-August, 2012, serving 16 participants. An additional class is currently in session, November-December 2012, and additional classes are scheduled to be offered in January-February 2013, (Goal 2). Thus far, we have offered this nutritional curriculum to over 48 participants.
- Engaged in population-specific efforts for low-income and racially diverse District residents to reduce health disparities by providing services to an underserved clinic patient population - 99% of patients report incomes below 200% Federal Poverty Level, and Race/Ethnicity population served includes: Hispanic-(65.2%), African American-(12%), White-(8%), Asian/Pacific Islander-(7.9%), Native American-(1.2%), and Unknown-(5.2%), (Goal 3).
- Improved availability and access to healthcare services by extending hours of Free Clinic in July 2012 to 4-8 pm, (previously 4-7 pm), (Goal 1).
- Engaged in community outreach to enable District Residents to utilize Free Clinic services, including the following activities: (Goal 3)
 - Work with Concepcion Trevino James, (CCHS Health Disparities Manager) and CCHS Staff to reach minority populations in District, including African-American outreach workers and Promotoras
 - Clinic Flyer distributed to community centers such as Ambrose Community Center, (Bay Point), CCHS Pittsburg Clinic, CCHS Brentwood Clinic, and Pittsburg area churches, (i.e. New Birth Church-Pittsburg)
 - Presentation to City of Pittsburg Community Services Committee, (September)
 - Clinic YouTube Video posted on Facebook, http://www.youtube.com/watch?v=CAbVIZ_ztOg

- Open Houses in March 2012 for potential Physician, Pharmacist volunteers
 - Community events including Pittsburg's Juneteenth event, "Unity in Community" event, (Bay Point), Alamo's Wine and Music Festival,
 - Pittsburg African American Health Expo
 - Volunteer and Funding Outreach to 11 Area Rotary Clubs
 - Volunteer Outreach to area Physicians
 - Volunteer and Patient Outreach to Catholic Churches-particularly Pittsburg Churches
- Has provided healthcare services to the underserved via an all-volunteer team of medical professionals, social workers and translators. This service cost approximately \$100 per visit, (underwritten by St. Vincent de Paul and funders such as LMCHD); vs. an average emergency room visit costing taxpayers over \$700/visit. The 1554 patient visits, had they occurred at local emergency rooms, would have cost the local taxpayers over \$1,087,800, (Goals 1, 2, and 3).

Developed and operated by St. Vincent de Paul, the clinic receives it's license and malpractice insurance via the non-profit network of clinics, RotaCare Bay Area. 11 local Rotary Clubs, including the Pittsburg and Antioch Rotary Clubs, also support the clinic.

Los Medanos Community Health District Support and Workplan:

In July 2012, St. Vincent de Paul was grateful to receive a grant from Los Medanos Community Health District, a \$50,000 Workplan grant for **PATIENT HEALTHCARE SERVICES** and supporting activities delivered by the RotaCare Pittsburg Free Medical Clinic at St. Vincent de Paul. All funds provided by LMCHD will be spent within the WorkPlan time period, (7/1/12-6/30/13).

The grant funds were utilized to provide the following services and delivery-support activities to uninsured, minority and low-income patients:

- Medical Supplies
- Pharmaceuticals
- Lab Services
- Radiology and Diagnostic Testing
- Medical Equipment
- Community Outreach/Marketing Materials
- Community Events
- Clinic License Fee

July Monthly expenses for the Free Clinic totaled: \$8178

We will have August/September expenses in next 2 weeks, as we get billed from RotaCare Bay Area for all Medical Supplies, Pharmaceuticals, Lab Services, Radiology and Diagnostic Testing and Medical Equipment on a post-60 day timeframe.

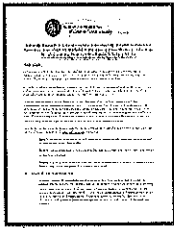
The Fall 2012 newsletter prominently identifies the contribution of LMCHD, (attached), and the attached press article appeared in the Catholic Voice, announcing the LMCHD donation.

Barbara Kee

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